



Journal of Online Graduate Education

A Systems Thinking Approach to Arctic Security Education

Dwayne Wood, EdD
National University

Volume 8, Issue 1 (Spring, 2025)

Abstract

Arctic security is a complex and interconnected domain shaped by environmental change, geopolitical competition, economic interests, and sociocultural dynamics. Traditional security education often relies on reductionist methods that fail to capture these interdependencies, leading to fragmented decision-making. This paper introduces the Security Systems Thinking Education Model. This structured framework integrates core principles, leverage points, and applied learning strategies to enhance security professionals' ability to navigate the Arctic's evolving challenges. The model fosters interdisciplinary learning, holistic problem-framing, and anticipatory decision-making, with key leverage points guiding course design, instructional strategies, and assessments. The framework is well-suited for online graduate-level education, where asynchronous learning, interactive simulations, and multimedia case studies provide experiential learning opportunities. By embedding scenario-based learning, reflective analysis, and competency-based evaluation, online graduate courses can cultivate systems-thinking skills that enable learners to synthesize knowledge, assess second- and third-order effects, and implement strategic foresight. This framework strengthens education and training while enhancing policy development and operational readiness, ensuring security professionals develop the adaptive and integrative skills needed to address the region's evolving security challenges.

Keywords: Arctic Security Education, Systems Thinking, Interdisciplinary Learning, Leverage Points

A Systems Thinking Approach to Arctic Security Education

The Arctic rapidly emerges as a strategic focal point, shaped by complex and interdependent forces that span environmental, geopolitical, economic, and sociocultural domains (Østhagen, 2021; Marsili, 2022). As climate change accelerates ice melt and alters the physical landscape, new maritime routes, resource extraction opportunities, and military considerations are reshaping the security landscape (Boylan & Speight, 2021). At the same time, Indigenous communities, whose knowledge and livelihoods are deeply tied to the Arctic environment, face both challenges and opportunities in this evolving reality (Crawford, 2021). These diverse and intersecting factors make Arctic security an inherently complex system that cannot be understood or addressed through siloed perspectives alone (Wrigley et al., 2021; Lanteigne, 2022). Despite this complexity, Arctic security education has traditionally been structured around distinct disciplines such as international relations, environmental science, or military strategy, without adequately emphasizing the interconnectedness of these domains. This fragmented approach limits security professionals' ability to anticipate second- and third-order effects, identify systemic vulnerabilities, and craft holistic policy solutions.

In contrast, a systems thinking approach that emphasizes recognizing patterns, understanding feedback loops, and identifying leverage points provides a more effective framework for Arctic security education (Özdemir & Özkan, 2022). Systems thinking enables professionals to move beyond linear problem-solving and instead engage with the Arctic as a dynamic and evolving system (Dugan et al., 2020). This paper posits that Arctic security graduate education must adopt a systems thinking approach, focusing on leverage points within the system to enhance strategic foresight (Graves et al., 2023) and decision-making. By integrating cross-disciplinary learning, scenario-based problem-solving, and real-world case studies, Arctic security education can equip professionals with the analytical tools needed to navigate the region's unique challenges. In doing so, a systems-thinking approach to security education can cultivate a new generation of practitioners equipped to translate complex system dynamics into effective, actionable strategies. The following sections will explore the Arctic as a complex system, outline the principles of systems thinking as an educational framework, and demonstrate how security education professionals can apply these principles to enhance outcomes in online graduate education.

Understanding the Arctic as a Complex System

The Arctic is not merely a geographic region but a dynamic and interconnected system where environmental, geopolitical, economic, and sociocultural factors continuously interact (Marsili, 2022). Unlike more stable regions, the Arctic is experiencing rapid transformations due to climate change, shifting political interests, and evolving economic opportunities (Østhagen, 2021; Moon et al., 2024). These changes create a complex web of relationships, where decisions in one domain often produce cascading effects across others (Boylan & Speight, 2021; Lanteigne, 2022). As an example, the Nome port expansion project, primarily driven by economic and national security concerns to facilitate shipping, support resource development, and enhance the U.S. military presence in the Arctic, demonstrates how actions in one domain can create cascading effects across multiple scales and types of security (Boylan & Speight, 2021). These cascading effects illustrate how a decision motivated by national and economic security, such as expanding the Nome port, can inadvertently generate environmental disruption, cultural tensions, regional geopolitical shifts, and operational challenges, underscoring the need for a systems thinking approach. Thus, understanding the Arctic as a system requires recognizing how these elements are interdependent and how their interactions shape both opportunities and challenges in security governance. Table 1 outlines each Arctic security subsystem and its impact, reinforcing the importance of integrating systems thinking into security education.

Table 1

Arctic Subsystems and Security Impacts

Subsystem	Key Features	Arctic Security Impact
Environmental	Climate change, melting ice, permafrost thaw, unpredictable weather patterns	Affects accessibility, resource availability, disaster response, and international policies
Geopolitical	National sovereignty, regional cooperation, military presence, territorial claims	Shapes security dynamics, strategic competition, and international legal frameworks
Economic	Resource extraction, shipping routes, infrastructure development, economic opportunities	Drives competition over resources, increases infrastructure needs, and influences regional stability
Sociocultural	Indigenous sovereignty, traditional knowledge, community resilience, cultural preservation	Impacts governance decisions, resilience to external pressures, and community adaptation strategies

Rather than viewing environmental, geopolitical, economic, and sociocultural factors as isolated challenges, Arctic security professionals must be educated to understand and analyze interconnections. Without this holistic perspective, policies or decisions that address only one aspect of Arctic security risk producing unintended consequences or exacerbating vulnerabilities (Özdemir & Özkan, 2022).

Systems Thinking as an Educational Framework

Sanders et al. (2022) described systems thinking as involving identifying the key components of a system, understanding how they interact, and recognizing how those interactions unfold and produce effects over time. The systems thinking approach contrasts traditional educational approaches, historically prioritizing linear thinking and reductionist problem-solving. However, as systems grow more complex, a linear approach can fail to capture systemic interdependencies, leading to unintended consequences and an inability to address the core problem effectively (Rodrigues et al., 2023; Morgan et al., 2024). In addition, Grewatsch et al. (2021) explained how reductionist thinking oversimplifies complexity by isolating problems from their broader context, focusing on individual components rather than the dynamic interactions that shape outcomes While the traditional approach can be effective in many

contexts, it is insufficient for understanding the complex, interdependent nature of Arctic security, as it requires the development of analytical and complex thinking skills to navigate its multifaceted challenges (Lanteigne, 2022; Özdemir & Özkan, 2022). The systems thinking approach stresses the necessity of cultivating complex thinking skills, which Ramirez et al. (2022) define as a meta-competency involving integrative thinking, analysis, synthesis, problem-solving, and continuous learning. This recognition of complex thinking as a key competency emphasizes the need for a more integrative approach to Arctic security education. By adopting a systems-thinking paradigm, Arctic security education can move beyond siloed approaches and foster the complex thinking skills necessary to integrate knowledge across multiple levels of analysis (Dugan et al., 2020). Just as systems thinking in biology links molecular processes to ecosystem dynamics, this approach enables a more holistic and strategic understanding of security in the Arctic. (Momsen et al., 2022). Systems thinking urges professionals to look beyond immediate events and examine the underlying structures, behaviors, and mental models, whether accurate or flawed, along with power dynamics that collectively influence regional security dynamics (Altman, 2023). Morgan et al. (2024) demonstrated that a systems approach effectively increased systems thinking capacity, collaboratively revealed systemic issues, and identified opportunities to address those issues. At its core, systems thinking is based on several key principles. First, it promotes seeing the whole rather than focusing on individual parts (Betley et al., 2021). Applying the holistic principle to Arctic security reveals the necessity of an interdisciplinary approach, as military strategy, governance, environmental science, and economic development are deeply interconnected. For instance, the expansion of Arctic shipping routes due to climate change is not merely a commercial issue. It has implications for national security, Indigenous livelihoods, and geopolitical stability (Boylan & Speight, 2021). Second, systems thinking encourages recognizing patterns and connections (Dugan et al., 2022; Hyyppä et al., 2024). Instead of treating security threats as isolated incidents, it helps practitioners identify recurring trends and structural forces that drive change over time. The system thinking approach allows for anticipatory governance rather than reactive crisis management. Finally, systems thinking highlights the importance of leverage points, places in a system where a small intervention can lead to significant change (Meadows, 2008). Security professionals can prioritize actions with the greatest long-term impact by identifying these leverage points.

Integrating systems thinking into Arctic security education requires a cohesive framework reflecting real-world decision-making complexity by incorporating multiple perspectives. Systems thinking provides an intellectual framework to explain, organize, and address the integrated behavior of social, ecological, and economic systems. (Brewer et al., 2024) To further illustrate the significance of systems thinking in Arctic security education, comparing it with traditional approaches is helpful. **Table 2** presents a comparative analysis of traditional and systems thinking approaches, highlighting the differences.

Table 2

Traditional Methods Compared to Systems Thinking Approach

Aspect	Traditional Methods	Systems Thinking Approach
Approach to Learning	Siloed, discipline-specific	Interdisciplinary, Integrated
Problem-Solving Method	Linear, cause-and-effect	Non-linear, holistic
Focus of Analysis	Individual components treated	Interconnections and feedback loops
Decision-Making Perspective	Short-term, reactive	Long-term, anticipatory
Use of Case Studies	Single-discipline, isolated case	Cross-disciplinary, interconnected case
Understanding of Consequences	Direct and immediate consequences	Focus on second and third-order consequences
Stakeholder Integration	Limited, often focused on government and military	Broad, including Indigenous communities, the private sector, and NGOs
Application in Real-World Scenarios	Theoretical and less adaptable to dynamic situations	Scenario-based, adaptive, and policy-relevant

For example, rather than presenting Arctic security challenges as a series of isolated case studies, educational programs could be structured around interactive simulations where learners must navigate security dilemmas with multiple stakeholders. Such an approach improves knowledge retention and cultivates the analytical and strategic thinking skills necessary for effective policy and operational decisions (Arantes do Amaral & Fregni, 2021). Another critical element of systems thinking in education is its emphasis on feedback loops, understanding how changes in one part of the system create ripple effects elsewhere (Woodhill & Millican, 2023). For instance, increased maritime activity in the Arctic may lead to greater economic opportunities but also heightens the risk of environmental disasters and requires enhanced search-and-rescue (SAR) capabilities. Finally, systems thinking fosters a mindset shift that moves security practitioners from simply reacting to emerging threats to proactively shaping the future of the Arctic (Özdemir & Özkan, 2022).

In any complex system, leverage points are strategic areas where small interventions can lead to significant and lasting impacts (Meadows, 2008). In Arctic security education, identifying and integrating these leverage points into curriculum design, instructional strategies, and assessment methods is essential for preparing security professionals to navigate the region's environmental, geopolitical, economic, and sociocultural complexities. Security professionals must recognize leverage points and develop the critical thinking and adaptive skills necessary to apply those leverage points in dynamic Arctic security scenarios. By embedding systems thinking into Arctic security education, each leverage point becomes an intervention area for learning, equipping professionals with the cognitive and analytical tools needed to make informed, strategic decisions. **Table 3** outlines specific learning outcomes aligned with each leverage point, demonstrating how the learning outcomes can be applied in professional education and competency development.

Table 3

Leverage Points and Learning Outcomes

Leverage Point	Description	Learning Outcome
Shifting Mental Models and Paradigms	Changing perceptions of the Arctic from a remote frontier to a dynamic, strategic space; integrating systems thinking into security education.	Learners will be able to challenge conventional security perspectives and adopt interdisciplinary problem-solving approaches.
Improving Information Flows and Data Sharing	Enhancing multinational and interdisciplinary collaboration through data-sharing agreements, joint research, and real-time monitoring.	Learners will be able to synthesize and communicate security intelligence across different organizations and stakeholders.
Policy and Governance Structures	Strengthening regional security cooperation, ensuring policies consider second- and third-order effects, and aligning security with sustainability.	Learners will be able to evaluate existing Arctic governance frameworks and propose new policies that align with regional stability and sustainability.
Behavioral and Operational Shifts	Educating security professionals in adaptive strategies, scenario-based learning, and cross-disciplinary engagement to anticipate long-term implications.	Learners will be able to adapt security strategies in response to emerging threats and engage in dynamic decision-making exercises.
Economic and Technological Advancements	Leveraging emerging technologies such as AI, autonomous surveillance, and climate forecasting while ensuring ethical and sustainable implementation.	Learners will be able to assess and implement technological solutions that enhance Arctic security while maintaining economic and environmental balance.

Professionals will gain a deeper understanding of the region’s complexity by embedding this framework into Arctic security education. Still, they will also be better equipped to develop sustainable, adaptive, and forward-looking solutions. This shift is essential to ensuring that Arctic security strategies are not only responsive to immediate challenges but also resilient in the face of long-term uncertainties.

Translating Systems Thinking into Arctic Security Education

A curriculum structured around systems thinking must emphasize interconnectivity rather than compartmentalization (Elsawah et al., 2021). Traditional Arctic security courses often

separate governance, climate change, military strategy, and economic considerations into distinct modules, creating a fragmented understanding of the region. Instead, an integrated curriculum should position these elements as part of a broader system, allowing learners to explore how changes in one area influence the others (Hyypä et al., 2024). Systems thinking in Arctic security education goes beyond simply assembling experts from different disciplines; it requires an interdisciplinary approach that actively integrates knowledge across fields, fostering a deeper, more holistic understanding of complex security challenges (Oudenampsen et al., 2024). Oudenampsen et al. (2024) further emphasize that in interdisciplinary education, addressing complex challenges requires integrating knowledge from multiple academic disciplines to develop a more holistic and nuanced understanding of the issue. It's like looking at a puzzle from multiple angles to see how all the pieces fit together. For example, instead of teaching Arctic governance as a standalone subject, a systems-oriented curriculum would embed governance discussions within broader themes such as climate-induced geopolitical shifts, Indigenous sovereignty, and military strategy. Learners should examine case studies where multiple subsystems interact, such as how the opening of Arctic shipping routes due to ice melt affects security dynamics, legal frameworks, and environmental sustainability.

Additionally, scenario-based learning modules can challenge learners to respond to complex Arctic security dilemmas, requiring them to balance multiple competing interests while applying systems thinking principles. Curriculum design should incorporate multidisciplinary perspectives from international relations, climate science, security studies, economics, and Indigenous knowledge systems (Doyle & Bozzone, 2024). This holistic approach ensures that Arctic security professionals are prepared to operate in diverse, cross-sector environments where solutions require collaboration across various domains.

To reinforce systems thinking in Arctic security education instructional methods must go beyond passive content delivery and emphasize active, experiential learning. This can be achieved by incorporating problem-based learning that challenges learners to solve real-world problems using diverse resources and scenario-based learning to understand future scenarios, thereby fostering a deeper understanding of complex systems (Arantes do Amaral & Fregni, 2021). Studies have shown that learning gains from active learning exercises, such as wargames, are deeper and longer lasting than learning gains from traditional educational approaches, such as lectures and discussion (Demssie et al., 2023; Rosen & Kerr, 2024). To translate these learning

gains into Arctic security education, it is essential to incorporate active learning techniques that engage learners in real-world decision-making. The following methods provide opportunities for deeper learning by immersing learners in dynamic, scenario-based experiences.

Concept Mapping

Mapping strategies such as system, research, concept, and theory maps can help learners understand complex problems like Arctic security by revealing connections and relationships, identifying feedback loops, and clarifying interdependencies (Davis, 2022). For example, learners might create a concept map linking climate change, maritime security, and geopolitical competition to illustrate the cascading effects of environmental shifts.

Simulation and Wargaming

Realistic simulations can immerse learners in decision-making scenarios where they must anticipate second and third-order effects. A wargaming exercise might require learners to coordinate a multinational response to an Arctic oil spill, balancing environmental concerns, economic interests, and security obligations. Learners who participated in a wargame showed an increased preference for learning via wargaming and reported a better understanding of course concepts after applying them in a wargaming setting (Rosen & Kerr, 2024).

Role-Playing and Stakeholder Engagement Exercises

Learners can assume the roles of military leaders, policymakers, Indigenous representatives, or private-sector stakeholders, negotiating security policies within Arctic governance frameworks. A role-playing approach helps learners appreciate the diversity of perspectives shaping Arctic security. Hypothetical case scenarios (HCS) are a useful pedagogical method for engaging learners with complex, real-world problems, enhancing both the cognitive and affective domains of learning by presenting realistic scenarios where learners make choices with consequences (Sanders et al., 2022).

Interactive Case Studies

Instead of static readings or passive lectures, case studies can be presented through interactive storytelling or branching decision trees, allowing learners to explore multiple pathways and their consequences. For instance, a case study on Arctic search-and-rescue (SAR) operations could force learners to weigh logistical constraints, international cooperation, and technological solutions. Soon and Lauridsen (2021) report that interactive case studies with

multimodal components like images, videos, and hands-on activities benefit learning by increasing engagement and providing opportunities for knowledge reflection.

Evaluation of Learning Outcomes

A systems-thinking approach in Arctic security education requires a shift in assessment strategies to measure knowledge retention and a learner's ability to apply holistic analysis and strategic foresight. The shift in assessment can be achieved by using case study projects where learners apply systems thinking methods to analyze complex scenarios and suggest solutions, coupled with reflective questions that allow for learning process assessment (Elsawah et al., 2021). In this context, emphasizing the learning process over the final product is crucial, as this method encourages learners to critically engage with the complexities of Arctic security, refine analytical approaches, and adapt decision-making based on evolving conditions. Leverage points such as shifting mental models, improving information flows, and fostering adaptive behaviors serve as key focal areas in this process, guiding the development of assessment strategies that measure a learner's ability to think systemically and apply interdisciplinary insights. Davis et al. (2023) promotes the use of scenario-based assessments, which directly evaluate systems thinking skills by presenting learners with unstructured problems and assessing analysis and judgment. Building on this need for holistic assessment, specific methodologies can be employed to ensure that learners develop and demonstrate applied systems thinking skills. The following three approaches, scenario-based problem-solving, reflective analysis, and competency-based learning, align with the principles of authentic assessment and emphasize real-world application.

Scenario-Based Problem-Solving

Rather than traditional assessments, learners should be evaluated through performance-based assessments that challenge them to navigate complex Arctic security scenarios. These assessments should measure their ability to identify leverage points, anticipate unintended consequences, synthesize information across disciplines, and apply systems thinking principles in real-time decision-making. The principles of authentic assessment strongly support scenario-based problem-solving assessments, as such assessments create realistic situations that allow learners to apply their knowledge, skills, and values to solve problems. Ajjawi et al. (2024) emphasize that authentic assessment should involve replicating real-world tasks, and scenario-based assessments achieve this by presenting learners with complex, contextualized problems.

Such assessments move beyond traditional, decontextualized methods, fostering higher-order thinking and critical problem-solving skills.

Reflective Analysis and Meta-Cognition

Learners should engage in structured reflection exercises that require learners to articulate their decision-making processes and analyze how their understanding of Arctic security has evolved. Lei and Chan (2018) attribute reflective analysis as promoting learner conceptual understanding by having learners articulate their knowledge progress. Emphasizing the process rather than the product in these exercises is essential, as it allows learners to critically examine their reasoning, recognize gaps in their thinking, and refine their analytical approaches over time. By focusing on how conclusions are reached rather than solely on the correctness of the final answer, learners develop a deeper appreciation for the complexity of Arctic security and improve their ability to navigate uncertainty, adapt strategies, and apply systems thinking in real-world scenarios. Meta-cognition development can be facilitated through structured journaling, self-assessment reports, or expert comparisons of their responses to real-world case studies. Metacognition development encourages an iterative learning process that prioritizes growth and adaptability.

Competency-Based Learning Metrics

Rather than focusing solely on theoretical knowledge, assessments should track competencies such as interdisciplinary analysis, strategic foresight, and adaptability (Marcotte & Gruppen, 2022). The focus ensures that learners can translate academic knowledge into practical security applications. Traditional education models often prioritize the acquisition of disciplinary theory. Still, competency-based education (CBE) requires learners to develop the skills and attitudes necessary to address real-world problems (Vargas et al., 2024). By designing evaluation mechanisms that emphasize applied knowledge, adaptability, and strategic thinking, Arctic security education can cultivate professionals who are not only informed but also capable of leading and innovating in Arctic security policy and operations.

Bridging the Gap Between Theory and Action

A critical challenge in Arctic security education is the gap between policy theory and operational reality. Too often, security education focuses on high-level policy frameworks without adequately addressing the logistical, governance, and environmental complexities that shape real-world security challenges in the Arctic (Boylan & Speight, 2021). This disconnect

limits the ability of security professionals to effectively apply policy concepts in practice, particularly in a region characterized by harsh environmental conditions, Indigenous governance considerations, and evolving geopolitical interests. A systems-thinking approach in Arctic security education bridges this gap by equipping learners with the ability to think dynamically, anticipate unintended consequences, and incorporate diverse perspectives into decision-making (Barquet et al., 2021). Rather than teaching Arctic security through siloed policy discussions, education must emphasize how economic, environmental, and geopolitical factors interact to shape security dynamics. For example, learners studying economic development in the Arctic should not only assess profitability but also examine long-term environmental risks, Indigenous rights, and geopolitical ramifications. Similarly, discussions on military expansion in the region must account for international legal constraints, regional stability, and environmental sustainability. By embedding systems thinking into Arctic security curricula, learners develop the analytical skills necessary to assess trade-offs, anticipate cascading effects, and advocate for adaptive, evidence-based policies. This approach is particularly vital as emerging challenges such as AI-driven Arctic surveillance, the influence of non-Arctic states, and evolving climate-security linkages continue to reshape the region (Boylan & Speight, 2021; Østhagen, 2021). Without a systems-oriented education, security professionals risk relying on rigid, reactive, or overly simplistic approaches that fail to address the interconnected realities of Arctic governance, climate adaptation, and military strategy (Barquet et al., 2021). Instead, Arctic security education must prioritize resilience, strategic foresight, and sustainable security practices (Graves et al., 2023). By integrating systems thinking into instructional design, scenario-based learning, and assessment strategies, educational programs can prepare the next generation of Arctic security professionals to navigate complex challenges with a forward-thinking mindset. The future of Arctic security will depend on leaders who can transcend traditional paradigms and embrace the dynamic interdependencies shaping the region.

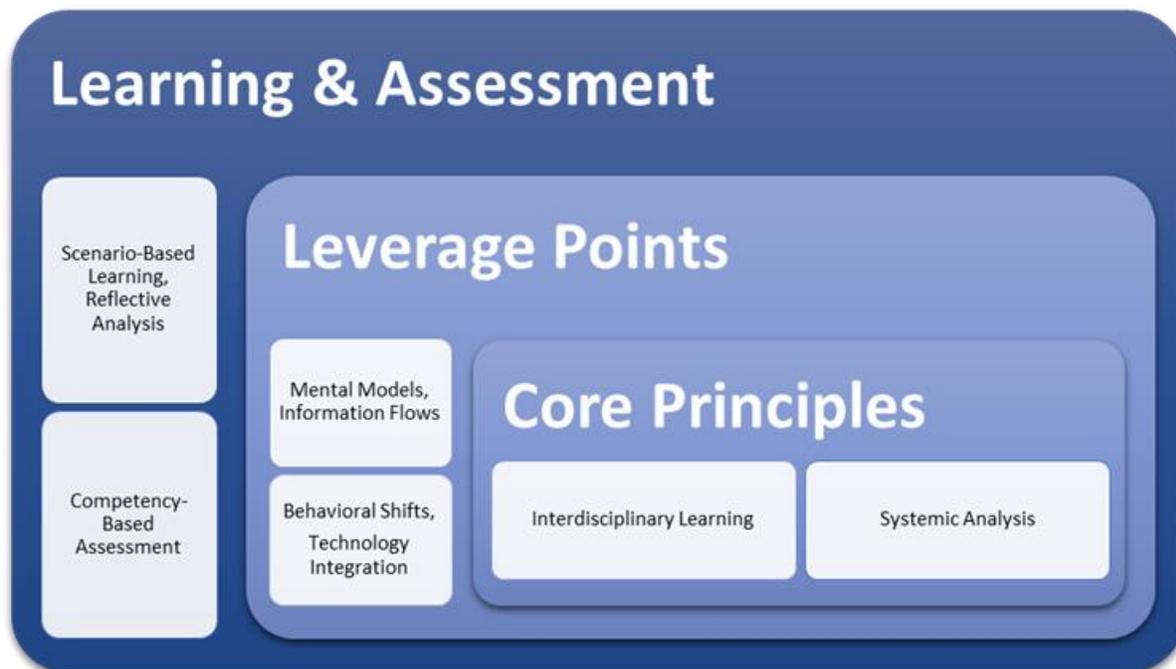
Three Components of Systems Thinking Education Model

The Systems Thinking Education Model is built upon three core components: fundamental principles of systems thinking, key leverage points for educational intervention, and structured learning and assessment strategies. **Figure 1** illustrates the three components of the framework. By integrating these three components, the model ensures that Arctic security education is not just about acquiring knowledge but about developing cognitive flexibility,

interdisciplinary awareness, and adaptive decision-making skills necessary to engage in real-world security dilemmas.

Figure 1

Three Components of Systems Thinking Education Model



The first component, core principles, emphasizes interdisciplinary learning, problem definition, and interconnected analysis as the foundation for Arctic security education. Given the region’s unique blend of environmental, geopolitical, economic, and sociocultural dynamics, learners must be equipped to synthesize diverse perspectives and recognize feedback loops, unintended consequences, and system-wide impacts of policy and operational decisions. The level of analysis requires an educational approach that fosters complexity-aware thinking, encouraging learners to view security dilemmas through a multi-dimensional lens rather than reductionist models.

The second component, leverage points, identifies strategic areas where small interventions can yield significant learning gains. Drawing from Meadows’(2008) leverage points framework, Arctic security education must emphasize shifts in mental models, improved information flows, governance adaptation, behavioral and operational changes, and technological

integration. For example, shifting mental models involves challenging conventional security paradigms focusing solely on military strategy and instead integrating environmental security, Indigenous governance, and economic resilience. Improving information flows ensures learners understand the value of data sharing, intelligence collaboration, and transparent decision-making in Arctic operations. By structuring education around these leverage points, security professionals can better anticipate second-and third-order effects, fostering adaptive and forward-thinking decision-making.

The third component, learning and assessment strategies, operationalizes systems thinking into active learning methodologies that reinforce critical thinking and applied problem-solving. The framework incorporates scenario-based problem-solving exercises, reflective analysis, and competency-based evaluations to measure how well learners integrate interdisciplinary knowledge, apply strategic foresight, and identify leverage points in real-world security challenges. For instance, wargaming and simulation exercises immerse learners in dynamic Arctic scenarios where they must respond to emerging threats, balance competing interests, and develop sustainable security strategies. Additionally, reflective analysis exercises require learners to articulate their decision-making processes, analyze their evolving understanding of Arctic security, and assess their ability to apply systems thinking principles.

Integrating the Framework into Online Graduate Education

The Systems Thinking Education Model is particularly well-suited for online graduate-level education, as the model promotes interdisciplinary learning, critical analysis, and applied problem-solving. These are essential components of rigorous graduate coursework. In an online format, this framework can be integrated into asynchronous courses through scenario-based learning, interactive simulations, and reflective exercises that encourage learners to engage deeply with complex security dilemmas. By leveraging discussion forums, multimedia case studies, and interactive concept mapping tools, learners can explore the interconnected nature of security threats, analyze leverage points, and apply systems-based strategies to real-world challenges. Furthermore, the model supports collaborative learning environments, where learners from diverse academic backgrounds such as international relations, environmental science, and military studies can engage in problem-driven discussions and interdisciplinary research projects.

This framework aligns well with advanced security studies programs at the graduate level, particularly those focused on strategic foresight, policy analysis, and crisis management.

Graduate coursework emphasizes higher-order thinking skills, and the three-tiered structure of the framework (core principles, leverage points, and assessment strategies) provides a structured approach to developing systems thinking competencies. Online graduate courses could utilize self-paced modules where learners progress through a series of security case studies, applying systems mapping, scenario planning, and policy simulations to assess security dilemmas. Reflective assessments, such as structured journaling and peer evaluations, would encourage learners to track their evolving understanding of security dynamics. The adaptability of this framework also allows institutions to customize course content based on emerging security trends, ensuring that learners receive up-to-date, policy-relevant education in a format that promotes self-directed learning and professional skill development.

Conclusion

The Arctic is a rapidly evolving and increasingly contested region where security challenges cannot be understood or addressed in isolation. Traditional approaches to Arctic security education often fail to capture the interconnected nature of environmental shifts, geopolitical competition, economic development, and Indigenous governance. This paper has argued that a systems thinking approach is essential for preparing security professionals to navigate these complexities effectively. By shifting the focus from siloed learning to holistic, interdisciplinary education, Arctic security practitioners can develop the analytical skills necessary to identify leverage points, anticipate unintended consequences, and craft sustainable security strategies. While the systems thinking approach applies to any complex security environment, the Arctic presents a particularly compelling case due to its unique governance structures, legal frameworks, and rapidly changing environmental conditions. Unlike other security regions, the Arctic operates under a combination of international agreements, Indigenous governance systems, and national interests, creating a highly interdependent security landscape. Additionally, the accelerating impacts of climate change introduce new variables that disrupt traditional security paradigms, requiring adaptive and forward-looking strategies. These factors make Arctic security an ideal context for applying systems thinking, as it demands a holistic approach that accounts for legal, geopolitical, environmental, and socio-economic interconnections.

Adopting a systems thinking framework in security education ensures that professionals see beyond immediate threats and instead recognize long-term trends and systemic

interdependencies. This framework is particularly well-suited for online graduate education, where asynchronous learning environments, digital simulations, and interactive case studies provide flexible yet rigorous opportunities for learners to develop systems-thinking competencies. Online platforms facilitate cross-disciplinary collaboration, allowing learners from diverse backgrounds to engage in real-world problem-solving scenarios in ways that mirror interagency and multinational security cooperation. By embedding systems thinking into graduate-level online courses, institutions can expand access to high-quality, experiential learning, ensuring that the next generation of security professionals are equipped to anticipate, adapt, and respond to emerging security dilemmas in both strategic and operational contexts. Adopting systems thinking is not simply an academic exercise. It is a practical necessity for ensuring stability, security, and sustainability. By equipping the next generation of security professionals with the ability to think holistically, act strategically, and collaborate effectively, security education can transform challenges into opportunities for cooperative, informed, and sustainable security governance. The future of security will be determined by those who can navigate its complexity, and education must provide the tools to do so effectively.

References

- Ajjawi, R., Tai, J., Dollinger, M., Dawson, P., Boud, D., & Bearman, M. (2024). From authentic assessment to authenticity in assessment: broadening perspectives. *Assessment & Evaluation in Higher Education*, 49(4), 499-510.
<https://doi.org/10.1080/02602938.2023.2271193>
- Altman, M. (2023). Mental models, decision-making, bargaining power, and institutional change. *Journal of Economic Issues*, 57(4), 1241–1259.
<https://doi.org/10.1080/00213624.2023.2273149>
- Arantes do Amaral, J. A. A., & Fregni, F. (2021). Fostering system thinking learning by combining problem-based learning and simulation-based learning approaches. *International Journal of Instruction*, 14(3), 1-16. <https://doi.org/10.29333/iji.2021.1431a>
- Barquet, K., Järnberg, L., Alva, I. L., & Weitz, N. (2021). Exploring mechanisms for systemic thinking in decision-making through three country applications of SDG synergies. *Sustainability Science*, 17, 1557-1572. <https://doi.org/10.1007/s11625-021-01045-3>
- Betley, E., Sterling, E. J., Akabas, S., Paxton, A., & Frost, L. (2021). Introduction to systems and systems thinking. *Lessons in Conservation*, 11(1), 9-25.
- Boylan, B. M., & Speight, J. S. (2021). Alaska’s Arctic security complex and evolving dynamics in Nome. *University of Alaska Fairbanks, Center for Arctic Policy Studies*.
- Brewer, M. L., Evans, S., Gum, L., Kent, F., & Anakin, M. (2024). Interprofessional education for the next 50 years. *Focus on Health Professional Education: A Multi-Professional Journal*, 25(1), 110–118.
<https://search.informit.org/doi/10.3316/informit.T2024052300005590301917233>
- Crawford, B. K. (2021). Explaining Arctic peace: a human heritage perspective. *International Relations*, 35(3), 469-488. <https://doi.org/10.1177/00471178211036782>
- Davis, R. (2022). Mapping as a way of understanding complexity. *Issues in Interdisciplinary Studies*, 40(1), 27-40.
- Davis, K.A., Grote, D., Mahmoudi, H., Perry, L., Ghaffarzagdegan, N., Grohs, J., Hosseinichimeh, N., Knight, D.B., & Triantis, K. (2023). Comparing self-report assessments and scenario-based assessments of systems thinking competence. *J Sci Educ Technol* 32, 793–813. <https://doi.org/10.1007/s10956-023-10027-2>

- Demssie, Y. N., Biemans, H. J., Wesselink, R., & Mulder, M. (2023). Fostering students' systems thinking competence for sustainability by using multiple real-world learning approaches. *Environmental Education Research, 29*(2), 261-286.
<https://doi.org/10.1080/13504622.2022.2141692>
- Doyle, M. B., & Bozzone, D. (2024). Multidisciplinary teaching: Providing undergraduates with the skills to integrate knowledge and tackle “big” questions. *Impact: The Journal of the Center for Interdisciplinary Teaching & Learning, 7*(1).
- Dugan, K. E., Mosyjowski, E. A., Daly, S. R., & Lattuca, L. R. (2022). Systems thinking assessments in engineering: A systematic literature review. *Systems research and behavioral science, 39*(4), 840-866. <https://doi.org/10.1002/sres.2808>
- Elsawah, S., Ho, A. T. L., & Ryan, M. J. (2022). Teaching systems thinking in higher education. *INFORMS Transactions on Education, 22*(2), 66-102.
<https://doi.org/10.1287/ited.2021.0248>
- Graves, K., Scott, H., Black, M., Floyd, K. H., Lucier-Greer, M., Matei, S. A., & Thornton, K. (2023). Future hunters elective at the Command and General Staff Officer College: Exposing emerging leaders to the power of strategic foresight. *Journal of Homeland Security Education, 16*, 1-11.
- Grewatsch, S., Kennedy, S., & Bansal, P. (2023). Tackling wicked problems in strategic management with systems thinking. *Strategic Organization, 21*(3), 721-732.
<https://doi.org/10.1177/14761270211038635>
- Hyypä, I., Rasa, T., & Laherto, A. (2024). Fostering students' systems thinking through futures education. *Frontline Learning Research, 12*(2), 27-50.
- Lanteigne, M. (2022). *Ties that bind: The emerging regional security complex in the Arctic*. Norwegian Institute for International Affairs (NUPI).
- Lei, C., & Chan, C. K. (2018). Developing metadiscourse through reflective assessment in knowledge building environments. *Computers & Education, 126*, 153-169.
<https://doi.org/10.1016/j.compedu.2018.07.006>
- Marcotte, K. M., & Gruppen, L. D. (2022). Competency-based education as curriculum and assessment for integrative learning. *Education Sciences, 12*(4), 267.
<https://doi.org/10.3390/educsci12040267>

- Meadows, D. (2008). Leverage points: Places to intervene in a system. 1999. *The Sustainability Institute, Hartland, Vermont.*
- Momsen, J., Speth, E. B., Wyse, S., & Long, T. (2022). Using systems and systems thinking to unify biology education. *CBE—Life Sciences Education, 21*(2), es3. <https://doi.org/10.1187/cbe.21-05-0118>
- Moon, T. A., Druckenmiller, M. L., & Thoman, R. L. (2024). NOAA Arctic report card 2024: Executive summary. <https://doi.org/10.25923/b7c7-6431>
- Morgan, M.J., Stratford, E., Harpur, S. (2024). A systems thinking approach for community health and wellbeing. *Syst Pract Action Res 37*, 161–183. <https://doi.org/10.1007/s11213-023-09644-0>
- Østhagen, A. (2021). The Arctic security region: misconceptions and contradictions. *Polar Geography, 44*(1), 55-74. <https://doi.org/10.1080/1088937X.2021.1881645>
- Oudenampsen, J., Das, E., Blijlevens, N., & van de Pol, M. (2024). How to cross the line: Design principles for interdisciplinary education. *MedEdPublish, 13*, 35. <https://doi.org/10.12688/mep.19693.2>
- Özdemir, M. H., & Özkan, G. (2022). Understanding defense industry: A systems thinking perspective. *PERCEPTIONS: Journal of International Affairs, 26*(2), 241-258.
- Ramírez-Montoya, M. S., Castillo-Martínez, I. M., Sanabria-Z, J., & Miranda, J. (2022). Complex thinking in the framework of education 4.0 and open innovation—A systematic literature review. *Journal of Open Innovation: Technology, Market, and Complexity, 8*(1), 4. <https://doi.org/10.3390/joitmc8010004>
- Rodrigues, R., Bubbar, K., & Cicek, J. S. (2023). Increasing student awareness of complex problems through systems thinking: How (re) framing can lead to Identifying the core problem. *Proceedings of the Canadian Engineering Education Association (CEEA)*. <https://doi.org/10.24908/pceea.2023.17085>
- Rosen, A. M., & Kerr, L. (2024). Wargaming preferences: How participating in educational wargames changes student preferences on learning. *International Perspectives on Military Education, 1*(1), 9-24. <https://muse.jhu.edu/article/947597>.
- Sanders, C. E., Fortner, A. R., Gibson, K. E., Lamm, K. W., & Lamm, A. J. (2022). Teaching systems thinking concepts with hypothetical case scenarios: An exploration in

- agricultural education. *Journal of Agricultural Education*, 63(4), 135–150.
<https://doi.org/10.5032/jae.2022.04135>
- Soon, Z., & Lauridsen, M. (2021). The benefits of multimodal interactive case studies. *HAPS Educator*, 25(2), 53-76. <https://doi.org/10.21692/haps.2021.011>
- Vargas, H., Heradio, R., Farias, G., Lei, Z., & de la Torre, L. (2024). A pragmatic framework for assessing learning outcomes in competency-based courses. *IEEE Transactions on Education*. 10.1109/TE.2023.3347273
- Wrigley, C., Mosely, G., & Mosely, M. (2021). Defining military design thinking: An extensive, critical literature review. *She Ji: The Journal of Design, Economics, and Innovation*, 7(1), 104-143. <https://doi.org/10.1016/j.sheji.2020.12.002>
- Woodhill, J. & Millican, J. (2023). *Systems thinking and practice: A guide to concepts, principles and tools for FCDO and partners*. The Institute of Development Studies and Partner Organisations. Online resource. <https://hdl.handle.net/20.500.12413/17862>